



Belong To LGBTQ+  
Youth Ireland

# Engagement Opportunities for You and Your Team 2026

You can partner today with Belong To for impactful events, workshops and panels.

Read about how you and your team can support LGBTQ+ young people across Ireland.

## Together, we can create safe and inclusive workplaces.

Belong To is delighted to announce a range of engagement opportunities for you and your colleagues, including new workshops, panel speakers and fun employee engagement events. These opportunities are available in exchange for a donation towards our services, making an impact on LGBTQ+ young people's lives. Our events can be delivered in person, onsite in your offices, or virtually – whatever works for you.

Together, we can create safe and inclusive workplaces today, all while directly supporting LGBTQ+ young people across Ireland.



KIERAN O'DONOVAN (HE/HIM)  
CEO BELONG TO

E-LEARNING

# Online Inclusive Workplaces Training

Find out how you can support your colleagues and team members to understand LGBTQ+ issues and create inclusive workplaces.

Delivered through a mix of engaging videos, quiz topics and the training booklet, this unique e-learning platform allows participants to complete the training in a one-hour block or complete it in stages at their own pace.

## Topics covered include

- The lived experience of LGBTQ+ people
- Language and terminology
- Understanding bias
- The business case for LGBTQ+ inclusion

## WORKSHOP

# Allyship

This accessible workshop is a universal introduction to all things LGBTQ+, helping us all understand the things we can do in the workplace, at home or with friends to be better allies.

**Duration:** 60 mins

### Topics covered include

- The lived experience of LGBTQ+ people today
- LGBTQ+ terminology as markers of respect and support
- An introduction to sexual orientation and gender identity
- Respecting identities and pronouns
- How to support someone coming out

## WORKSHOP

# Understanding Pronouns

This interactive workshop allows your team to delve into the importance of inclusive language and discuss the things we can all do to make the workplace safer.

**Duration:** 45 mins

### Topics covered include

- What are pronouns and why are they important
- The lived experience of trans and non-binary people today
- Identify your own pronouns
- Key concepts of gender identity
- How to use pronouns correctly and other ways to make the workplace an inclusive environment

## WORKSHOP

# Trans Inclusivity

This practical workshop will equip you and your team with the fundamentals to create a safe and supportive workplace where everyone is equal, safe and valued.

**Duration:** 60 mins

### Topics covered include

- The lived experience of the trans community today
- Why trans inclusivity is important to teams
- Gender identity and expression
- Language and terminology
- Coming out and transitioning
- How to support a trans colleague, friend, or family member

## SPEAKER EVENTS

# Interview Guests and Panellists

Whether it be a fireside chat, speaking event or taking part in a community panel, we can provide you with expert panellists to join your discussion to bring unique insights and perspectives to any diversity, equity and belonging conversation.



**AISLING GANNON (SHE/HER)**  
BOARD MEMBER, BELONG TO

## Supporting Friends and Families in their Transition

Aisling Gannon, proud mother of a trans young person, shares her story and advice for anyone wanting to support a family member, loved one or colleague who is coming to terms with their gender identity.



**PATRICIA CAREY (SHE/HER)**  
CHAIRPERSON, BELONG TO

## Finding Your Voice

As a community we have made huge strides in the progress towards equality, and it is no short measure due to incredible changemakers. In this event Belong To's Chairperson, Patricia Carey will share her story from the early days of the LGBTQ+ community to where we are today and how we can all use our voices to make a positive change.



**CARMEL WALSH (SHE/HER)**  
DIRECTOR OF YOUTH SERVICES, BELONG TO

## Parents, Carers and Families

**NEW FOR 2026**

In this discussion we'll be sharing with you the issues that our youth workers deal with every day. Carmel will offer practical advice on creating open communication; supporting someone coming out or questioning gender or sexuality; dealing with bullying; and supporting someone struggling with their mental health.

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**KATHERINE RYAN** (SHE/HER)  
DIRECTOR OF COMMUNICATIONS  
AND ADVOCACY, BELONG TO

## Keeping LGBTQ+ Youth Safe Online

NEW FOR 2026

What can we do to protect young people online? Taking learning and insights from Belong To's *It's Our Social Media* campaign; Katherine Ryan will discuss what we can do to support young people to navigate the rising hate and hostility online. Social media can have an overwhelming presence in our lives with significant negative effects on our mental health, particularly for LGBTQ+ youth. Let's look at how to address it, individually and collectively.



**SHARON HERON** (SHE/HER)  
DIRECTOR OF EDUCATION, TRAINING  
AND COMMUNITY PRACTICE, BELONG TO

## Standing Against LGBTQ+ Bullying

NEW FOR 2026

Belong To has been at the forefront of creating welcoming and inclusive spaces for LGBTQ+ young people through our *Stand Up Awareness Week* campaign. One in five young LGBTQ+ people face bullying and 76% feel unsafe in schools. In this session Sharon will discuss what schools, parents and families can do together to tackle these issues and create fully inclusive education spaces.



**MARTY O'PREY** (HE/HIM)  
DIRECTOR OF DEVELOPMENT, BELONG TO

## Leadership in Diversity: Staying the Course

NEW FOR 2026

Values supersede trends. Staying true to values drives long term loyalty. What can team leaders do today to create an inclusive environment for everyone to thrive? In this session Marty will discuss how strong, mindful leadership can foster and retain diverse talent and embed authentic, genuine connection with stakeholders.

SPEAKER EVENT

# Reeling in the Queers



Inspired by his celebrated book *'Reeling in the Queers'*, author **Páraic Kerrigan (he/him)** shares some inspiring, lesser-known stories of the fight for equality over the last fifty years.

From the road to decriminalisation to the landmark Marriage Equality referendum, Páraic draws on oral history and archival evidence to share the stories of some truly incredible changemakers in Irish society.

**Duration:** 60 mins

## Topics covered include

- The growth of the queer community in Ireland
- The struggle for LGBTQ+ rights in Irish history
- The stories of incredible trailblazers and change makers
- Lessons we can learn from our history to protect the rights we've achieved
- How we can all be better LGBTQ+ allies

**"Belong To means a huge deal to me. I felt safe to be myself, make friends for the first time and have a sense of community and support."**

ALICIA (SHE/HER)  
AGE 19



EVENTS

# Enjoy Some Workplace Fun

**Hosted by Mr Phil T. Gorgeous**

## Pride Bingo

Celebrate in style and play bingo hosted the much-loved Drag King and host of Dublin Pride, Mr Phil T. Gorgeous! Get your colleagues to wear their brightest colours and celebrate as an organisation with his fun and engaging event. You can play one (45 mins) or two (90 mins) games of bingo!

## Team Quiz

Who is the smartest of them all? Test your knowledge and have fun with colleagues with a bespoke Pride Quiz hosted by Phil T. Gorgeous. This is an interactive, online team quiz that anyone can play on their phone or device with a leader board throughout to keep the competition buzzing.



PHIL T. GORGEOUS (HE/HIM),  
DRAG KING PERFORMER

# Other Ways You Can Get Involved

There is limited availability for these fun and engaging fundraising opportunities.

Get in touch to start planning how your organisation can get involved.

Email **[chris@belongto.org](mailto:chris@belongto.org)**  
Call **01 6706219**



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## Hell & Back

JUNE

Join Belong To on Saturday, 6 June 2026 for an action packed day of challenge and excitement as you take on the Hell & Back 8km adventure course. Every step, jump and splash you overcome will help provide life-saving supports for LGBTQ+ young people.



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## Glendalough Community Walk

SEPTEMBER

Join us for an incredible day filled with breathtaking scenery and community celebration. Take on the fundraising challenge and walk with us in Pride.



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## Rainbow Ball

NOVEMBER

Our annual gala fundraiser where Belong To's biggest corporate partners and allies come together to support LGBTQ+ young people and raise vital funds. This event, held each November, has become our biggest night in the calendar – a night not to be missed!

**Thanks to people like you,  
Belong To is there day in,  
day out, for LGBTQ+ young  
people who turn to us for  
help and support.**

Contact Chris today to  
find out more and get  
started with your event.

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