



Supporting LGBTI+ Young People in Ireland

LGBTI+ TERMINOLOGY

LGB LESBIAN, GAY, BISEXUAL:

ABOUT SEXUAL ORIENTATION

Sexual Orientation:

Sexual and romantic attraction to other people.

Lesbian:

A woman who is mainly attracted to other women.

Gay:

Someone who is mainly attracted to people of the same gender.

Bisexual:

Someone who is attracted to more than one gender e.g. both men and women.

Related Terms:

Pansexual:

Someone who is attracted to any person, regardless of their sex assigned at birth or gender identity.

Queer:

Some people use this word as an alternative to LGBTI+. Other people may use it to explain their gender, sexual or political identity.

T TRANS: ABOUT GENDER IDENTITY

Gender Identity:

Our personal sense of our own gender.

Transgender or Trans:

A term describing a person's gender identity that does not match their assigned sex at birth. This word is also used as an umbrella term to describe some groups of people who transcend conventional expectations of gender identity or expression.

Related Terms:

Sex assigned at birth:

The designation of a person at birth as male or female based on their anatomy (genitalia and/or reproductive organs) or biology (chromosomes and/or hormones).

Non-Binary:

People whose gender identity is neither exclusively woman or man or is in between or beyond the gender binary.

Cisgender:

Someone whose gender identity matches the sex they were assigned at birth.

Gender Expression:

How we show our gender through our clothes, hair etc.

I INTERSEX:

An umbrella term used to describe a wide range of natural bodily variations that do not fit typical binary notions of male and female bodies, for example variations in hormones or chromosomes.

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A catch-all for other terms.

