

Support Services for Parents of LGBTQ+ young people

Free Group Therapy for Parents of LGBTQ+ Youth

Belong To is partnering with G.S.D. Counselling, Psychotherapy & Awareness to provide free group therapy for the parents of LGBTQ+ youth. Counsellor and psychotherapist Jim Hutton will lead and facilitate free fortnightly group therapy sessions, which will take place initially online. Group psychotherapy is a place where every person is offered an opportunity to be truly heard in a safe and non-judgmental way.

Email: Brenda@belongto.org

LGBT Ireland Transgender Family Support Line

Call: 01 907 3707

Sundays: 6pm to 9pm, Tuesdays: 10am to 12pm

National LGBT+ Helpline

Call: 1800 929 539

Monday to Thursday: 6:30pm to 10pm, Fridays: 4pm to 10pm

Weekends: 4pm to 6pm

GenderEd

is an information resource family of transgender young people in the Republic of Ireland.

TransParenCi Cork

is a support group is for parents and family members of transgender children and adults. The group meet on the third Friday of every month at 7.30pm-9.30pm in LINC (11a, White St, Cork). Call TENI (Transgender Equality Network Ireland) on 01-873 3575 for more information.

TransParenCI Limerick

is a peer support group for parents and family members of trans people. GOSHH (Gender Orientation Sexual Health HIV), Redwood Place, 18 Davis Street, Limerick. The meetings are held on the 3rd Monday of every month. Call GOSHH on 061 314 354 or email transparencigroup@gmail.com

TransParenCI Dublin

is a peer support group for parents and family members of trans people. The meetings are held on the 1st Wednesday of every month. For more info contact (Transgender Equality Network Ireland) at 01 873 3575 or email transparencigroup@gmail.com